

Breakfast With Buddha A Novel

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Buy Breakfast with Buddha: A Novel Unabridged edition by Roland Merullo, Sean Runnette (ISBN: 9781452601908) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

Breakfast with Buddha: A Novel: Amazon.co.uk: Roland ...

Breakfast with Buddha is a 2007 spiritual fiction novel by American author Roland Merullo. According to this story, Otto Ringling, an editor of food books who lives in New York and a skeptic, reluctantly goes onto a road trip with Volya Rinpoche, a Siberian monk. This story, narrated in the first person by Otto, describes Otto's thoughts and beliefs, his conversations with the Rinpoche, and how he gains new perspectives on the world as well as his life, as a result of Volya Rinpoche's company.

Breakfast with Buddha - Wikipedia

Breakfast with Buddha: A Novel (Audio Download): Amazon.co.uk: Roland Merullo, Sean Runnette, Tantor Audio: Books

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So it is with Jack Kerouac's "On the Road" (1957) and "The Dharma Bums" and so it is as well with Roland Merullo's novel fifty years after Kerouac's: "Breakfast with Buddha (2007)." We don't have beats, mad sex, and the wildness of Dean Moriarty in Merullo's road novel from the American East to the Midwest.

Breakfast with Buddha by Roland Merullo

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This was one of the most heartwarming novels ever written. It's a clash of cultures into the world of the unknown. It's a lesson about how we fear what we don't know. In this day and age of anxiety and rushing everywhere we go, "Breakfast with Buddha" captures the anxious typical American lifestyle.

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Breakfast with Buddha: A Novel Audible Audiobook – Unabridged Roland Merullo (Author), Sean Runnette (Narrator), Tantor Audio (Publisher) & 0 more 4.4 out of 5 stars 998 ratings

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"Breakfast with Buddha" is perfect for someone who is looking for a lighthearted tale to kick back and relax with. But it's not all just fun and games. While there are plenty of laughs, there are also inspirational life lessons scattered throughout this book, and I look forward to one day reading the other books in this trilogy: "Lunch with Buddha" and "Dinner with Buddha."

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In the end, we are all humanized by the spiritual journey of Dinner with Buddha.” —Spirituality and Practice “Merullo masterfully depicts the struggles of practicing mindfulness moment by moment . . . [The] novel is full of nuanced, thoughtful prose and is an immensely satisfying conclusion to the series.” —Publishers Weekly

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